



Exploring Encounter Prayer

SESSION 4



Creating a space for people to meet with the Living God

Submitting ourselves to the transforming work of the Holy Spirit

Pray



- Father, I pray for the transforming work of the Holy Spirit to be at work in me as I make space to spend time in your presence.

Amen

Question to think about



How would you describe the Holy Spirit to someone who is not a Christian?

Video 4.1

How the Trinity is intertwined



This short video makes the point that we cannot portray the members of the Trinity as distinct from each other, since they are in close relationship with one another.

Question to think about



What is your experience of the Holy Spirit?

Video 4.2

What is the Holy Spirit like?



In an attempt to portray the Holy Spirit, the Bible provides us with some helpful symbols but even then, it is hard for us to grasp the nature of the Spirit. To assist us further, the Bible also describes His nature; the fruits that He seeks to grow in each of us.

Bible Study



Look at the following New Testament passages which outline some of the work of the Holy Spirit:

- What strikes you about the activities you read about?
- Who would be the beneficiaries of the Holy Spirit's activities?
- What, if anything, might hinder people receiving his help?
 - 2 Corinthians 3:17-18
 - Luke 4:16-19
 - Romans 15:13
 - Romans 15:19
 - 1 Corinthians 12:8-11
 - Galatians 5:22-23
 - Romans 8:15
 - John 14:26

Video 4.3

Prayer exercise - Encountering God as the Holy Spirit



Reflect on the video



The script of this prayer time is printed on the next page

Spend time reflecting on what the Spirit may be showing you and how He is seeking to transform and empower you.

Encounter prayer script 4:3

Remind yourself that the Spirit must be like the fruits that He gives - so relax and be open to Him

Holy Spirit we rejoice in the nature the bible reveals about You.

That you are loving, joyful, peaceful.

You are patient.

You are kind.

You are good.

You are faithful.

You are gentle.

You have self-control.

So Holy Spirit we begin to entrust ourselves to your touch, to your transformation because that is what you are like and that is what you bring.

Holy Spirit we know that you are already here. You dwell within us. We are temples wherein you dwell.

But you are also one who loves to overflow and in that love and gentleness you long to bring us the touch and the vision of Jesus for us.

So Holy Spirit we ask you to come, to bring us the very touch of God.

Come

Let's just wait in the knowledge that He loves to overflow,

He loves to bring us that touch of Jesus and that He is love.

Let's have faith He IS at work.

AMEN