



# Exploring Encounter Prayer

SESSION 5



Creating a space for people to meet with the Living God

## Testing what comes to us - using Encounter Prayer

### Welcome and opening prayer



Are there any points people would like to raise after reflecting on previous sessions?

### **Video 5.1** Testing



*When we sense Jesus speaking to us, how do we know it is actually his voice?  
What does it mean to 'test the spirits'?*

### Group Discussion



- Have you ever been given 'words' that have not been helpful?
- What did you do about it?
- What would you have preferred the person (who gave the words) to have done?

### Group Discussion



This course has been about introducing the concept of 'Encounter Prayer'.

- How has this helped you?
- Has it made any difference?
- What has been learnt through it?

### **Video 5.2**



*This video looks at different ways that Encounter Prayer can be used:*

*In personal prayer*

*As a way of praying for other people*

*When praying for a group of people*

### Reflection



Are there any comments about the video that people would like to make?

### **Video 5.3** A time to encounter God



### Group Discussion



- What did people experience in that time?
- How do they plan to use Encounter Prayer in the future?

### Closing prayer and end

