



Exploring Encounter Prayer

SESSION 1



Creating a space for people to meet with the Living God

If only you knew!

Welcome, introductions and opening prayer

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- Make sure everyone is comfortable
- Agree on confidentiality
- Seek to be honest and understanding of each other
- What is each person hoping to get out of the course?

Opening discussion

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- Is your Christian life everything you would like it to be?
- What would you like to change?
- Are there 'highs' and 'lows' in your Christian life?
- Are there reasons for this, or does it seem quite arbitrary?

Video 1.1

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This video looks at:

What Encounter Prayer is about

What it means to experience God

Should we be seeking to experience Him at all?

The effect our relationship with God has on others

Reflecting on the teaching

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- Is there anything people want to share?
- What experience do they have of God's love for them personally?
- What difference would it make if we all knew that love in a deeper way?

Video 1.2

Introduction to an Encounter

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This video is a recording of a time of Encounter Prayer.

It is designed to help create a 'space' for everyone to encounter God for themselves.

Personal reflection

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Allow people time to reflect and record what happened in the Encounter.

Sharing

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- Encourage sharing about what happened in that time.
- Are there any further reflections about this session?

Closing prayer and end

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